

# Team Up to Quit with Tobacco Free Florida

More than 80 percent of tobacco users see a physician regularly, making the clinical setting important for tobacco cessation.



## **ASK about tobacco use**

Do you use tobacco in any form?



## **ADVISE the patient to quit**

Quitting is one of the best things you can do for your health. An effective way of quitting tobacco is with a combination of cessation tools and services.



## **REFER them to Tobacco Free Florida**

I'd like to refer you to Tobacco Free Florida's Quit Your Way program that offers FREE tools and services to help you quit.

For help setting up a referral process, call  
UF AHEC at 352-273-5224



To learn more, visit  
[TobaccoFreeFlorida.com/healthcare](http://TobaccoFreeFlorida.com/healthcare).



**Florida  
HEALTH**